

## CARC Competition & Warm Water Pool - Lane Schedule September 2018 (Schedule Subject to Change)

Day	Sunday							Monday							Tuesday							Wednesday							Thursday							Friday							Saturday													
LANE#	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW
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- FAC = Functional Aquatic Conditioning
- AP = Aqua P90X
- DWR = Deep Water Aerobics
- OS = Open Swim
- MR = Manta Ray Swim Team Practice
- GGAC = Adventure Camp
- BS = Beginning Swimming Class
- ICS = I Can Swim Program

- Private Reservations:**
- 9/5 - Grantsville Back to School Swim 5p - 7p
  - 9/7 - Lock In Party 8p - 2a
  - 9/8 - Tuel Birthday Party 2p - 4p
  - 9/16 - Stripling Birthday Party 1p - 4p
  - 9/22 - Flanagan Birthday Party 1p - 3p
  - 9/22 - Foley Birthday Party 4p - 6p
  - 9/26 - Fitzpatrick Swim 3p - 5p

- Lifeguard Class**  
*Tuesdays and Wednesdays from 5:30p - 8:30p*  
**Aqua P90X**  
*Tuesdays and Thursdays from 9a - 10a*

- Manta Ray Swim Team:**  
*Monday, Wednesday, and Friday from 5p - 7p*

- Swim Lessons:**  
*Sundays from 12:30p - 4:00p*

- Kayak Rolling**  
*Sundays from 10:30a - 12p (ALL LANES IN COMP POOL)*  
*Tuesdays from 6p - 7p (LANES 1 & 2 IN COMP POOL)*

- Home School/College & Me Swim:**

- DJS Pool Use:**

**Important Note:**  
 Depending on class size there will be times that scheduled programming will consume the Warm Water Pool. The Spa area is almost always available due to the fact that we do not always know ahead of time how many students we will have in a particular class; therefore, we are not able to always post when this may happen. We appreciate your cooperation!