

CARC Competition & Warm Water Pool - Lane Schedule July 2018 (Schedule Subject to Change)

Day	Sunday							Monday							Tuesday							Wednesday							Thursday							Friday							Saturday						
LANE#	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW
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- FAC = Functional Aquatic Conditioning**
- WA = Water Aerobics**
- DWR = Deep Water Aerobics**
- OS = Open Swim**
- MR = Manta Ray Swim Team Practice**
- GGAC = Adventure Camp**
- BS = Beginning Swimming Class**
- ICS = I Can Swim Program**

Private Reservations:
 7/4 - CARC CLOSED FOR HOLIDAY
 7/21 - Zimmerman Birthday Party 4p-6p

Lifeguard Class

GGAC Pool Time
 Monday, Wednesday, and Friday from 1:30p-2:45p
 Tuesday and Thursday from 10:45a-11:45a

Manta Ray Swim Team:
 Monday, Wednesday, and Friday from 5p - 7p

Swim Lessons:
 Monday - Friday from 4:30p-6:45p and
 Sundays from 12:30p - 4:00p

Kayak Rolling
 Sundays from 10:30a-12p (ALL LANES IN COMP POOL)
 Tuesdays from 6p-7p (LANES 1 & 2 IN COMP POOL)

Home School/College & Me Swim:

DJS Pool Use:
 Wednesdays & Fridays from 2p - 4p

Important Note:
 Depending on class size there will be times that scheduled programming will consume the Warm Water Pool. The Spa area is almost always available due to the fact that we do not always know ahead of time how many students we will have in a particular class; therefore, we are not able to always post when this may happen. We appreciate your cooperation!